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## Light up your life

Follow the vaastu tenets to bring prosperity to your home on Diwali, says Alkesh Gupta

estival of lights — Diwali — is the occasion to decorate your house and worship Goddess Laxmi and Lord Ganesha. Exchange of gifts, and sweets, purchase of jewellry, cloth, utensil and other household items mark the festive occasion. However, amidst this festive mood certain vaastu precautions should be observed to bring prosperity in our jves

This is the day when there is a need to re-strengthen the aura of your house. Adorn your house with colourful lights. Decorate south-east corner with red bulbs, south-west corner with yellow bulbs, north-west corner with blue bulbs and north-east corner with white bulbs.

Light a desi ghee diya in southeast corner and keep it lit till mid-night. This will help you in regenerating the lost energy field. Beautify the entrance of your house with the toran-mala made of mango leaf, turmeric powder, chandan and kumkum. This prevents negative energy to





come inside your house. Dhoop made of desi ghee and googal should be used in diwali pooja. Bringing sfatic Ganeshji and Dhakshinawati Shank in pooja has additional benefit. Chanting Laxmi-Strotra (mantra) with *Kamal-Gattay-ki-mala* on this day has wonderful results.

According to the *Ravan-sahinta* negativity is at its maximum level on this day. Some people use the festive occasion to harm others — by the use of tantra to fulfil their desires. Vaastu recommends that a person should should put some vaastu-salt or sea-salt in his pocket to overcome this negativity.

Diwali pooja should be done with proper mantras and material. Vaastu recommends that pooja should be done in north-east corner or the centre portion of your house. At the time of pooja Goddess Laxmi should face south and Lord Ganesha should be towards the left-hand-side of Goddess Laxmi. Lord Ganesha may also face west or the south-west.

As per the mythological beliefs Goddess Laxmi comes to earth on the mid-night of Diwali to choose a home to live for the whole year. She searches for the neat and clean houses which are lit by diyas. If she finds the inmates awake she stays in the house for the rest of the year.