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VAASTU GYAAN

Direction matters

Follow the
vaastu tenets in
your house for
a healthy
baby, says
Alkesh Gupta

Vaastu has a vital role in the well being of a progeny. One of the basic motives of vaastu is to extract maximum out of the natural forces so that we can get energy for every field of life. Slope of a house not only affects the health and financial status of family members but also plays a vital role in the extension of family tree. If North-East of a house is highest then it is almost impossible to have a progeny in that house. Children in these houses face problems in their childhood. If South-West is lowest then the elder son will face problems when he grows up.

A low North-West indicates miscarriages and still births. If North-East is lowest it leads to a healthy child.

Before starting construction of house, plant some vegetation on that plot. Speed of growth of the plantation indicates whether the soil has the power to help the progeny or not. If you find some growth within seven days then the land is good, but if there is no growth at all, it indicates infertility. As per vaastu tenets this land should be left.

Water source in North-East leads to a healthy child. A tubewell or an under ground water tank in North-East, is

good for children. But if North-East has stairs or North-East is elevated it is extremely harmful.

If you are planning a baby you should not sleep in the North-West room, as it is the direction of the air element which makes it hard to conceive. Bedroom in the North-West and North-East leads to miscarriages. So if any lady is pregnant, she should not sleep in this direction.

Your bed should be towards South-West in your room and you should sleep with your head towards South. This helps to extract favourable energy from nature. If your wife is facing problems in conceiving then remove heavy articles from North-East corner of your room as well as house. An aquarium in this zone recreates missing energy fields.