

THE TIMES OF



INDIA

OCTOBER 7, 2006

Vaastu gyaan

Vaastu tips to be followed in a room by its inmates:

- Room should be square or rectangular. These shapes keep Panchtatwa in a balance and harmony with each other.
- Keep your almira on the south or west wall in south west corner. Don't leave space behind it. If these are directly touching on the floor it is more beneficial. You can keep your cloths, quilts, blankets here but don't keep your cash or valuable articles in it.
- If your room is east or south facing, entrance should be from left hand side. If your room is north or west facing entrance should be from towards right hand side.
- Keep your pooja in north east of your room.
- If you have a loft for storage it should be in south west direction.
- Bed should be placed in such a way that while sleeping your head should be towards south & legs should be towards north this is beneficial to your health. Never sleep vice-versa.
- Your feet should not be towards entrance while sleeping so never put a bed in front of entrance.
- Bed should not placed under any beam or loft in any condition it increases mental tension & illness.
- If your bed have storage space don't put lumber there though you may put quilts. It should be regularly cleaned otherwise it become a source of negative energy which leads to problem among husband & wife.
- Don't put dressing table in front of bed it can be placed on right or left side of it.
- Cooking area should be towards south east zone. Don't put water near your gas stove. Water jug can be placed in north east.
- Put your safe on south wall and it should be open towards North. This is the best area for keeping your cash or valuable articles.
- Study table can be placed in east if you don't have study table then sit east facing while studying.
- Bed should touch the wall only on one side.
- Dinning Table can be placed in west.
- There should not be any picture of setting sun, drowning ship, weeping child inside the room.
- Bathroom can be in north-west direction. Alkesh Gupta
- Wall should be painted in light colour. It is helpful for good relation among the family members.
- Dry flowers, cactus etc should not be kept inside.

Alkesh Gupta

