## VASTU AND FAMILY GROWTH

Vastu have a vital role in progeny. It not only resolve progeny related problems, but also responsible for good health of child. By analyzing a house we can predict that whether inmates will have normal progeny, delay progeny or no progeny. Vastu also helps in determining sex of the child.

Vastu parameters are made keeping in mind various energy fields coming from different directions. There different field affects various spheres of our life. Some effects our health, some effect finance, some effects mutual relation, some effects profession and some effects progeny. Today we discuss some factor which effect progeny in a family or in a house. Having children and their good health is one of the most important motive of any married couple worldwide. But if we make a house against vastu norms we find ourselves standing against natural forces. One of the basic motto of vastu is to extract maximum out of natural forces so that we can get maximum energy for each & every field of life. If we are standing against nature some of energies are obstructed & we find ourselves lacking behind in some spheres of life.

In our ancient text, lots of detailing is given about how anyone can get a healthy baby. These techniques are called 'Garbadhan Ka Sidhant' (law of conceiving). This is a completely scientific observation based on energy body, aayurveda, yoga-shastra, jyotish-shastra & vastu-shastra. In observation of energy body we considered energy created by our various organs & by using aayurveda we see

various diseases inside our body. Yogashastra makes our body fit and increases its energy to desired level & by jyotish shastra we see that energies coming from various planets should be favorable. By combining effects of all these sciences one can have a healthy baby. If there is any physical limitation than that should be cured first by using medication either main stream or any alternative medication therapy.

Slopping of a house not only effect the health and financial status of family members but also place a vital role in extension of family tree. If North East of a house is highest than it is almost impossible to have progeny in that house. If there are children in this type of houses than they face problem in there childhood. If South West is lowest than elder son will face problem when he get matured. Lowest South East shows that these houses have lots of female issues and lowest North West indicates towards miscarriages. If North East is lowest it leads to a healthy child.

Before starting construction of house, do some plantation on that plot. Speed of growth of the plantation indicates that soils have power to help in progeny or not. If we find some growth within seven days than that land can go, but if there is no growth at all, it indicates infertility. We should leave this sort of land. A cut in North East is also not good. Children also remain ill in these short of houses. It is also very bed for business and finance.

Female issues are more likely in North facing houses. North direction is the direction of goddess Laxmi

and girls are also consider as Laxmi in Indian mythology. Ruling planet of east direction is lord sun. In Jyotish Shastra sun is the male planet and also contributes in male progeny. So we can say that east facing houses normally have male issues. Water source in North East leads to a healthy child. In other words you can say if North East have a boring or under ground water tank, it is good for children's. But if North East have stairs or North East is elevated it is very harmful. It leads to denial of progeny.

If you are planning a baby you should not sleep in North West room. It is a direction of air element and it is hard to conceive in this direction. Energy fields of this direction give instability & nothing can remain in this direction for very long time. You should immediately change your room. Bedroom in North West and North East leads to miscarriages. So if any lady is pregnant, she should not sleep in this direction.

Your bed should be towards South West in your room and you should sleep having your head towards south. By this way you can extract maximum favorable energy from nature. If you have a big and heavy almirah in North East, it obstructs positive energy coming from this direction and leads to delay in progeny. You should immediately remove this almira.

If you are facing problems in conceiving than remove heavy articles from North east corner of your room as well as house. Put an aquarium or water fountain in this zone. It will recreate missing energy fields.

Last year I went to a house in

East Delhi who are facing problem of miscarriages. They are living in this house for last three years. They also have a daughter. She is four year old and ill from the day they shifted in this house. Mother already had two miscarriages and doctor is saying that she don't have any physical problem. I check the direction and find out that there is a stairs in North East. There is also a toilet beneath that stairs. When I check there bedroom it is in North West. This direction is good for guest bedroom or daughter's bedroom but energy fields of this direction is adverse for them. I shifted them from North West to South West room and also do some remedial measure for stairs and toilet. Within six months health of there daughter get improved and now she have a younger brother. This is the power of vastu. It only removes obstruction from energy coming from cosmos & rest is taken care by our body automatically. Follow some tips given below for good progeny:-

- If you are planning a baby don't sleep in North West room.
- If you are pregnant don't sleep in North West and North East room.
- While sleeping your head should be towards South.
- If you are pregnant take special care during time of eclipse.
- If you have a window or entry from North East of your room, keeps it open.
- Doing 'Santan Gopal Puja' or placing 'Santan Gopal Yantra' in puja will also help.

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